

SERVANT HEART PRAYER WALK

By Jim Lohman



Just as prayer is a part of our daily life, it can also be an important part of your time of service. This Prayer Walk is designed to give youth a quiet time to reflect on the opportunities God provides in our lives for service to others.

These prayer opportunities are designed to be used in a variety of locations. The setting may be your church sanctuary, fellowship hall, youth room or an outdoor space.

YOU'LL NEED:

- 1 Large space with permanent altar or one you create yourself
- 2 Bible for each participant
- 3 Seating or chairs for participants
- 4 Printed copies of the study with a copy of each station placed in Bible or individual copies printed for each participant



**“For I was
HUNGRY and you
gave me FOOD.”**


(MATT. 25:35A).


PRAYER WALK STATION ONE


Millions of people go hungry each day. For them a small portion of bread or rice is a gourmet meal.


Millions of people are also starving for the bread of life, Jesus Christ.

Jesus tells us in John 6:35, **“I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.”**

 **THINK** for a moment about someone you may know who is physically hungry.

 **THINK** of someone you may know who is spiritually hungry.

 **THANK** God for the physical and spiritual blessings He gives you.

 **PRAY** for those who are physically and spiritually hungry.

**“I was THIRSTY
and you gave
me DRINK.”**

(MATT. 25:35B).

PRAYER WALK STATION TWO

There is nothing more refreshing after exhausting work than a glass of cool, fresh water. Water not only refreshes us, it sustains us.

As Jesus talked with the Samaritan woman at the well, he told her, **“Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water**

that I will give him will become in him a spring of water welling up to eternal life.” (JOHN 4:13–14)

As Christians we thirst for God’s Word. It refreshes and sustains us in our daily life.



PRAY you will daily thirst for His Word and search it for new discoveries.



“I was a
STRANGER and you
WELCOMED me.”

(MATT. 25:35C).

PRAYER WALK STATION THREE


Everyone enjoys visiting a friend's home. We may be celebrating a special occasion or just stopping by for a brief visit.


Sometimes, due to our busy schedules, friends can become strangers. We neglect to communicate with them regularly and sometimes lose contact with them.


We are in contact daily with many strangers. It may be someone in our school or church. It may be someone in the place where we work. It may be someone in our neighborhood or any other place we may frequent.

We read in Hebrews 13:2, **“Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares.”**

A stranger can appreciate our warm smile, our friendly greeting or our words of welcome.

 **THINK** of a stranger in your life. Is it a friend you have neglected or a friend waiting to be made?

 **THANK** God for the people who aren't strangers in your life.

 **ASK** God to direct you to be open and responsive to the strangers He places in your life.

**“I was NAKED and
you CLOTHED me.”**

(MATT. 25:36A).

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**PRAYER WALK
STATION FOUR**


Do you have something in your closet that you no longer wear or that maybe doesn't fit or is out of style? You probably do. There is one article in our wardrobe that never changes.

“For as many of you as were baptized into Christ have put on Christ.” (GALATIANS 3:27)

Through our Baptism we daily wear the garment of Christ.

Is there someone you know who isn't baptized?

 **ASK** the Holy Spirit to help you share your faith and baptismal promises.

 **THANK** God you are clothed with the love and assurance of Christ's promises.

**“I was
SICK and you
VISITED me.”**

(MATT. 25:36B).

PRAYER WALK

STATION FIVE

It's never fun to be sick. And very often it is even more difficult when your sickness makes it necessary to visit the doctor. Christ had many experiences with people who were sick. He often healed them and comforted them in their afflictions.

Christians can become sick. Our prayer life may be weak. We may be lax in regular “checkups” with His Word and

Sacrament. Our daily dose of Bible study may be forgotten.



THINK of someone you know who is in need of God's healing hand.



ASK God to restore their health.



CONFESS to God those times when your Christian life has been sick and suffering. Be assured of the medicine of His forgiveness.


**“I was in
PRISON and you
CAME to me.”**


(MATT. 25:36C).

PRAYER WALK STATION SIX

You don't have to be living in a maximum-security correction facility to be considered a prisoner. Many people in today's society are prisoners to alcohol, drugs and other controlled substances. Others are prisoners to the place where they reside, such as the elderly who are left forgotten and forsaken in their homes or convalescent facilities.


As Christians we are also prisoners of sorts. We struggle with sin every day. Christ's death and resurrection free us from being prisoners to the sin which affects our lives.


 **THINK** of someone you know who may be a prisoner. Ask God to guide and care for them as they struggle to be free.

 **THANK** God for making us free from the prison of sin.

“Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.” (MATTHEW 25:40)

We are Christ's disciples. Approach His altar now.

 **THANK** Him for the privilege of being His ambassador to the world.

 **ASK** Him to give you the strength and courage to meet the challenges this endeavor requires. Place at the foot of His cross through a quiet time of prayer your cares, your worries, your burdens and your thanksgivings.