

LUTHERAN YOUTH FELLOWSHIP
TEENS SERVICE LEADERSHIP TRAINING

PARTICIPANT

EXTREME SERVANT





LUTHERAN YOUTH FELLOWSHIP
TEENS SERVICE LEADERSHIP TRAINING

PARTICIPANT **EXTREME
SERVANT**



Copyright ©2020 The Lutheran Church—Missouri Synod. This work may be reproduced by churches and schools for their own use in the study of the Scriptures. Commercial reproduction, or reproduction for sale, of any portion of this work or of the work as a whole, without the written permission of the copyright holder, is prohibited.

Unless otherwise indicated, all Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright ©2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Cover photo: Getty Images. All other photos: LCMS/Erik M. Lunsford; Lightstock; Getty Images



INTRODUCTION

Extreme Servant is a helpful resource designed to give participants the opportunity to study the Scriptures and process why we serve in the name of Jesus. In addition, the resource provides an opportunity for congregations to plan service in their local contexts.

In light of the COVID-19 pandemic and the mission trips and servant events being postponed, or cancelled, LCMS Youth Ministry thought this resource might be helpful for congregations looking to serve locally in new or additional ways. Churches' youth ministries may also be looking to pivot from a servant event that requires travel toward service opportunities at home.

Extreme Servant was originally written for one of the Lutheran Youth Fellowship (LYF) Leadership Training events. An expectation of LYF training is that youth participants will go on to lead the same sessions and process them with the youth in their own congregations.

Each lesson includes a leader's guide designed to assist youth in leading the study with other youth. The resource can be used as is if you plan to have youth lead the studies. You may want to begin by reviewing Session 5, as it will provide your youth leaders with suggestions, tips and practice for leading the group.

SESSION 1 The Ultimate Servant and SESSION 2 First Things First

These two sessions are Bible studies that reflect on Christ's love for us and our opportunity to serve others because of His love.

SESSION 3 In Their Place or in Their Face

The Bible study provided in this session looks specifically at witnessing to Christ and sharing our faith*.

SESSION 4 Planning an Extreme Service Project

This session is helpful if your congregation needs to select how and where your service is most needed. If your congregation already has plans set, this session and process can be skipped.

SESSION 5 After your Extreme Service Project

This session provides an important part of any service opportunity, evaluating and processing your experience.

May God bless your time in His work and equip you to impact your world through acts of service.

LCMS Youth Ministry

*Young people seeking additional encouragement and resources to share their faith can check out two additional LYF training resources focused on witnessing to others.

Motivated by Love

youthsource.com/2019/12/12/motivated-by-love/

Faith During Times of Transition

youthsource.com/2019/12/12/faith-during-times-of-transition/



SESSION 1

The Ultimate Servant

ACTIONS SPEAK LOUDER THAN WORDS

Read Mark 1:23–34

What kinds of people does Jesus call and heal?

How does Jesus use His power?

What words do you think the people who Jesus helped might have used to describe Him?

We see that Jesus lead by example. Make a list of ways that you can lead by example in your own life.

What is your answer to the question: “Who do you say Jesus is?” If you were asked that, what would you say? After answering this question, yourself in writing discuss it in your group; make sure each person gets a turn.



SESSION 2

First Things First

OPENING:

Read each question and choose someone to answer. Make sure each person in your small group answers at least one question.

1. When you were little did you ever try putting your pants on after you had put on your shoes? What would happen if you did?
2. Have you ever tried to throw a snowball before you packed it into a ball? What would happen if you did?
3. Have you ever tried to run a race or play an athletic game without having eaten for a day? What would happen if you did?

“MARTHA, MARTHA”

Read Luke 10:38–42

Why do you think Jesus said that Mary chose what was better?

“YOU SHALL NEVER WASH MY FEET!”

Read John 13:1–8

Why do you think Peter didn’t want Jesus to wash his feet at first?

Read John 13:8–17

What was Jesus’ goal in washing their feet? (Was it only to make their feet clean?)

How does God serve you? How can you invest yourself into His service daily?

“THIS IS THE FIRST...”

Read Matthew 22:34–40

Jesus said that FIRST we are to love the Lord with all our heart, all our soul and all our mind. What could we do to intentionally invest ourselves in the ways God serves us? What would that look like in your daily life?

“...AND THE SECOND IS LIKE IT.”

What have you learned from this study? How do you plan to apply it in your life?



SESSION 3

In Their Face or in Their Place

HOW TO HAVE 'BEAUTIFUL FEET'

Your group will be assigned one of these passages and asked to answer the questions below based on your passage.

1 Peter 2:9–12 1 Peter 3:14–17
Acts 8:27–38 Romans 10:8–15

What does your passage say about why you should reach out to others with the message of Christ?

What could you learn from this passage about how you should share your faith?

What part of the passage was the most meaningful to you? Why?

HIGH PRESSURE SALES

- Have you even been approached by a high-pressure telemarketer or salesperson? How did it make you feel?
- Describe the characteristics associated with a high-pressure salesperson.
- What happens when someone feels threatened or attacked?

A GOOD TEACHER

- Share a time when a good teacher changed your mind on a topic or a time when you learned something important from a good teacher.
- Describe the characteristics of the best teacher you have ever had. What qualities made that person a good teacher?
- How does a good teacher make you feel while you are with them?

BE READY, BE INTENTIONAL, BE REAL

What things hinder your personal witness to the people in your sphere of influence? What stops you from investing yourself in their lives, sharing your faith and making a difference?

BE READY

Read 1 Peter 3:15

Do you feel ready to verbalize your faith to someone else? What could you do to become more prepared?

BE INTENTIONAL

Read 1 Peter 2:12

Are you in regular prayer for specific people who aren't Christians?

Write a prayer that the Lord would help you create situations where you can verbalize your faith with "gentleness and respect." Ask Him to lead you to situations where you can share what God has done for you in Christ.

List people you know who are hurting and could use a Christian friend. Spend time in prayer asking God to help you foster a relationship with them and care for them.

BE REAL

It has been said that "People don't care what you know until they know that you care."

How could you show others you care? How could you invest yourself in the lives of others and share your faith like a good teacher?



SESSION 4

Planning an Extreme Service Project (ESP)

DECIDE ON A PROJECT

What people in the church or community could benefit from an ESP?

How can this service project help point people to Christ? (Think: teacher, not salesperson)

Who can I ask to join the leadership team?

How will we help our servants focus on Christ?
(Bible study?)

DECISIONS AT LEADERSHIP TEAM PLANNING MEETING

When is the ESP?

How many people do we need to make it work?

How long is the ESP?

Do we need to plan with the organization we want
to serve?

Do we need transportation?

Will it cost anything? If so, how much? How will we pay for it?

How will we let people at church know about it?

What kind of sign-up will we use?

Who will do what at the event?

[illegible]



After Your Extreme Service Project (ESP)

Think about the Extreme Service Project we just completed. Use a pen or pencil to jot down your reactions to the following questions. You will have an opportunity to share these with the group.

What was your favorite thing about our ESP?

What is one thing you learned about yourself through this ESP?

[illegible][illegible]

[illegible]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Youth Ministry

lcms.org/youth |   [LCMSYouthMinistry](https://www.youtube.com/LCMSYouthMinistry) |   [@lcmsyouth](https://www.instagram.com/lcmsyouth)