Why 13 Reasons: A Discussion Guide

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Editor's Note

The following document is meant to be used as a resource. It is not a recommendation or endorsement of the show Thirteen Reasons Why (13RW). The show is rated TV-MA for language, violence, strong sexual content (including sexual assault), and other adult situations. If youth are watching the show, I suggest parents should watch it with them.

Introduction

If you have a teenager (or know one), chances are they have watched (or know someone who has watched) the hit Netflix series Thirteen Reasons Why (13RW). Given the popularity of the series, there are a great number of articles and blogs written about it and in reaction to it. Suffice it to say, the reviews are mixed. For as many that say you should watch it, there are an equal number that say you should not.

Watch It

Those who encourage you to watch the series have numerous reasons, including:

- It’s a conversation starter on difficult subjects;
- Youth workers and parents should know what their students are watching;
- It confronts harsh realities head-on;
- It’s well-written, acted, and directed.

Don’t Watch It

Those who critique the series have equally strong reasons for neither watching it yourself nor allowing teenagers to watch it.

- It glorifies suicide, self-harm, and sexual behaviors;
- It does not discuss matters of clinical depression and/or mental health;
- The material is too heavy;
- Several scenes are too graphic (both rape and suicide);
- It’s unrealistic;
- For those already susceptible to such feelings, this serves as a how-to;
- It’s a revenge fantasy;
- Too much swearing;
- It serves as a trigger for those who experienced such situations.

Whether you watch it or not is up to you. This guide is meant to help prepare you for the discussions that are already happening surrounding the series, and how to facilitate conversations about the topics the show discusses.

As you do, remember that God makes Himself and His love for His children known. God’s grace is evident in the gift of our Savior Jesus Christ, in His work on the cross, in His ultimate work of forgiveness and redemption. Only God can know what is in a person’s heart (Psalm 139:1-18), but we can prepare ourselves for the hard conversations that may weigh us down.

Overview of the Show

The show revolves around Hannah Baker, a student who kills herself, leaving a series of cassette tapes as her suicide note. Throughout the show we hear Hannah narrating, via her tapes, explaining the series of events that eventually led her to the decision of death by suicide.

Viewers ought to realize this series was filmed in a very frank manner. It does not simply “hint” at things, but shows the reality of the situations Hannah, and other characters in the show, experienced. It is not for the faint of heart and will certainly bring up a multitude of heavy discussions with those who watch it. Among those issues brought to light throughout the show are:

- Bullying, peer-pressure, slut-shaming, rape, cutting, school shootings, stalking, underage drinking, drug use, and suicide.

This show is rated TV-MA¹ and is available on Netflix.

Characters of Note

**Hannah Baker:** The central focus of the series and our narrator. She experiences a multitude of things-- bullying, slut-shaming, witnessing rape, being raped herself.

*Related Characters:* Andy Baker (dad, pharmacist) and Olivia Baker (mom)

**Clay Jensen:** The main character, the eleventh recipient of Hannah’s tapes, and a crush of Hannah’s. Hannah openly admits on his tape that he “doesn’t deserve to be on this list,” but since he is an integral part of her story, she included him.

*Related Characters:* Lainie Jensen (mom, lawyer), and Matt Jensen (dad, professor)

**Tony Padilla:** The only main character we meet NOT mentioned on the tapes. The person Hannah selected to keep her tapes safe and make sure they are passed on to the appropriate people.

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¹ According to TVguidelines.org this means: “This program may contain one or more of the following: intensely suggestive dialogue (D), strong coarse language (L), intense sexual situations (S), or intense violence (V). Mature Audience Only. This program is specifically designed to be viewed by adults and therefore may be unsuitable for children under 17.”
<table>
<thead>
<tr>
<th>Episode Title</th>
<th>Focus of Tape</th>
<th>The Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tape 1, Side A</td>
<td>Justin Foley</td>
<td>On their first date, Justin takes a picture of Hannah going down a slide. Later, when his friends see the photo, they assume he “went all the way” with her and mass-texted it to classmates. This started rumors Hannah was easy.</td>
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<tr>
<td>Tape 1, Side B</td>
<td>Jessica Davis</td>
<td>One of Hannah’s best friends sophomore year. Jessica eventually left her because she thought her boyfriend (Alex) liked Hannah more.</td>
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<tr>
<td>Tape 2, Side A</td>
<td>Alex Standall</td>
<td>Listed Hannah as “Best Sophomore Ass” at the same time he rated then girlfriend (Jessica) as “Worst Sophomore Ass”</td>
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<tr>
<td>Tape 2, Side B</td>
<td>Tyler Down</td>
<td>Shares photo taken of Hannah and Courtney in a compromising position. Even though no one recognizes them, Hannah knows Tyler is the photographer, as he has been taking pictures of her in her bedroom.</td>
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<tr>
<td>Tape 3, Side A</td>
<td>Courtney Crimsen</td>
<td>Seen in photo kissing Hannah, she is afraid others will find out she’s gay. So she lies to classmates saying Hannah swings both ways. This furthers rumors of Hannah’s promiscuity.</td>
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<tr>
<td>Tape 3, Side B</td>
<td>Marcus Cole</td>
<td>Has Hannah’s name appear on his Dollar Valentine list and asks for a date. He shows up an hour late with a bunch of buddies. Ends up feeling her up without her consent.</td>
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<tr>
<td>Tape 4, Side A</td>
<td>Zach Dempsey</td>
<td>Varsity Basketball Star. Was nice to Hannah initially, but then stole her Appreciation notes from class. Also,</td>
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<tr>
<td>Tape 4, Side B</td>
<td>Ryan Shaver</td>
<td>Supposedly tosses heartfelt letter she writes to him.</td>
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<tr>
<td>Tape 5, Side A</td>
<td>Justin Foley</td>
<td>Encourages Hannah to join local poetry group. Publishes a very personal poem she penned to his campus-wide paper without her permission.</td>
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<tr>
<td>Tape 5, Side B</td>
<td>Sheri Holland</td>
<td>His second tape vaguely alludes to him allowing his girlfriend (Jessica) to be raped by his friend (Bryce).</td>
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<tr>
<td>Tape 6, Side A</td>
<td>Clay Jensen</td>
<td>Head Cheerleader who, when giving Hannah a ride home from a party, knocks down a stop sign. Rather than reporting it, she leaves. Later, another student (Jeff) is killed at that intersection when another driver fails to stop.</td>
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<tr>
<td>Tape 6, Side B</td>
<td>Bryce Walker</td>
<td>He leaves after Hannah has a panic attack while were making out at a party. Clay leaves, but Hannah confesses in the tapes that she really wanted him to stay.</td>
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<tr>
<td>Tape 7, Side A</td>
<td>Mr Kevin Porter, School Counselor</td>
<td>Hannah tries to talk to him about her suicidal thoughts and the sexual assault as a last resort. Mr. Porter makes her feel as if all events were her fault.</td>
</tr>
<tr>
<td>Beyond the Reasons</td>
<td>29 minutes</td>
<td>The cast, producers, and mental health professionals discuss scenes dealing with difficult issues, including bullying, depression and sexual assault.</td>
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</table>
Resources

Youth Worker Resources

*Thirteen Reasons Why* (13RW) seems to cover the entire list of high school issues, but how realistic is it really? How does Hannah Baker’s high school experience stack up to reality?

If your high school youth group has ten students it is likely that of the ten:

- ● 2 struggle with depression or other mental illnesses and are more likely to struggle with ideation of suicide ([https://psychcentral.com/blog/archives/2010/03/04/why-are-so-many-teens-depressed/](https://psychcentral.com/blog/archives/2010/03/04/why-are-so-many-teens-depressed/))
- ● 1 teenage girl has been sexually assaulted. This number increases to nearly 2 in 10 women and 1 in 10 men by the time they graduate from college ([https://www.rainn.org/statistics/children-and-teens](https://www.rainn.org/statistics/children-and-teens), [https://www.rainn.org/statistics/campus-sexual-violence](https://www.rainn.org/statistics/campus-sexual-violence))
- ● 8 have experienced bullying, 3 have been the bullies ([https://nobullying.com/bullying-statistics-2014/](https://nobullying.com/bullying-statistics-2014/))
- ● 4 are sexually active ([https://www.cdc.gov/healthyyouth/sexualbehaviors/](https://www.cdc.gov/healthyyouth/sexualbehaviors/))

When listed, these numbers can paint a grim picture, but also offer an opportunity for intervention and action. Hannah’s tapes address these issues and how they affected both her and the others. Students’ actions (and inactions) are what ultimately led to her choice to end her life. It may be tempting to focus on the flashier aspects of the show—many of the teens drink, abuse substances, and engage in inappropriate sexual behavior—however, to focus on these alone misses out on a discussion on the larger themes: bullying, sexual assault, and depression and suicide.

What is your role as a youth worker?

- **Remind.** Remind your students where they can find their identity-- it’s not in the opinions or actions of others, but in God’s claim on them in Baptism as His children. Reiterate the depth and breadth of God’s love for them, the gifts He gives them through Baptism, and the holy community that surrounds them through your church family and youth group.
- **Educate.** Educate yourself on the statistics. Educate parents. Educate your students. Know the warning signs of depression and suicide. Know of local resources for those seeking help. Help parents and students do the same.
- **Listen.** Do not discount your students’ feelings about what they see. What is portrayed in this series is very real and should be taken seriously.
- **Encourage.** Encourage your students to react with love. Flip Hannah’s tapes and challenge your students to tell someone face-to-face why they are important in their lives. The impact might be huge!
- **Create.** A positive environment is imperative for discussions like these. Do students feel welcome and safe in your group? Does bullying happen and is it stopped when it is? Are there supportive adults available?
- **Discuss.** Have the tough conversations with parents and students. Talk to church leaders about the realities your students face.

Additional Resources
- Signs of Sexual Abuse: [https://www.rainn.org/articles/warning-signs-teens](https://www.rainn.org/articles/warning-signs-teens)
- QPR (Question Persuade Refer) [https://www.qprinstitute.com/](https://www.qprinstitute.com/)
- Teens & Depression Resources [http://www.youthesource.com/2016/03/01/teens-and-depression-resources/](http://www.youthesource.com/2016/03/01/teens-and-depression-resources/)
Parent Resources

The reality of *Thirteen Reasons Why* (13RW) is this: school today is a very different culture than when you were there. So much of your child’s world is their school and social media. Bullying and cyberbullying exists, is hurtful, and doesn’t end when the school bell rings.

13RW brings up a plethora of hard topics. The series itself was created in such a way that it forces us to confront these issues head-on in a very real context. We cannot shy away from these discussions. Jay Asher, the author of the book upon which this series is based, has said, “The whole issue of suicide is an uncomfortable thing to talk about, but it happens, so we have to talk about it. And it’s dangerous not to talk about it, because there’s always room for hope.” (*Beyond the Reasons*, 1:10)

So, what can you do? What’s your role as a parent or guardian?

- **Pay attention.** Something that may seem small to you as a parent could be rocking your child’s world.
- **Watch.** Consider viewing 13RW with your kids. If necessary, preview the episode, but watch it with them so you can watch their reactions and answer any questions they might have about what is happening on screen.
  - If you watch only one episode, please watch the extra episode *Beyond the Reasons*. The cast, crew, and professionals interviewed there do an amazing job of explaining the series.
- **Listen.** Do not trivialize what your child feels or their reactions. Adolescents need to feel safe to ask the hard questions and to share their real feelings-- make sure you are that safe place.
- **Process.** Allow processing time, then talk about it again. Teenage brains don’t work the way adult brains work. For them, trauma and pain feel like they will last forever, and we forget that. Give your child time to process what they’ve seen, develop their own questions, then listen to them.
- **Educate.** Share with them how important mental health is to their development. Help them to find their power and their voice.
- **Learn.** The signs can be different for everybody, but knowing the general warning signs is beneficial for everyone. (*See link on page 8)*
- **Help.** Seek out a professional in your area if you feel overwhelmed or if your child requires deeper answers than you’ve prepared. It’s difficult to put into words when you don’t have that self-awareness-- a professional can help with that.
- **Love.** Make sure they know you care for them and love them more than anything. Encourage your child to do the same for their friends. Remind them also of *God’s love* for them. Talk about their Baptism, Confirmation, and other Church experiences that may resonate.

Additional Resources

● Save.org created some talking points to help you navigate your discussion: https://www.save.org/wp-content/uploads/2017/03/13RW-Talking-Points-Final_v5.pdf
● Mark Kiessling, Director of Youth Ministries for the LC-MS, has written a great article with additional information: https://blogs.lcms.org/2017/13-reasons-reminds-us-show-youth-love
● “Q & A with a Therapist about Teen Depression” by Kathy Wyant http://youthesource.com/2016/02/24/when-your-teen-goes-through-a-crisis/
Student Resources

Middle school and high school can be rough, and it may often feel like you are navigating it alone. In Thirteen Reasons Why (13RW), Hannah Baker certainly felt that way. Her choice to end her life caused a ripple effect through the community that is explored in detail through the tapes that she leaves behind.

What can you do if you or someone you know is hurting or is in danger?

- **Talk.** Don’t struggle alone. Reach out to a trusted adult (parent, youth worker, teacher, coach) if you or someone you know is contemplating death by suicide or is engaging in self-harm. You may be the person they need to speak up for them.
- **Remember.** You are loved. You are not alone. You have been redeemed. You have a God who loves you, has sent His Spirit to be with you, and His Son to save you.
- **Connect.** There are many resources available for you or the person you know who is struggling. There are several listed below, but many more are available online.
- **Be Proactive.** If you notice bullying, abusive behaviors, etc. in your school, youth group, team, or club, be the change. Lead by example and help create a welcoming, safe environment for everyone.

Additional Resources

- Crisis Text Line: Text START to 741-741 for help
- National Suicide Prevention Hotline: 1-800-273-8255
- Bystander intervention-Bullying: http://www.erasebullying.ca/youth/youth-bystander.php
- Bystander intervention- Sexual assault: https://www.rainn.org/articles/steps-you-can-take-prevent-sexual-assault
- “Real Truths You Need to Know About Depression” by Sara Borgstede http://youthesource.com/2016/02/18/real-truths-you-need-to-know-about-depression/
Discussion Questions

General Questions

- Can you identify any Hannah Bakers in your life?
- What is the role of adults in your life?
- When is it appropriate to step in? What measures are appropriate?
- What role do friends and classmates play in helping or hurting?
- How does having a Christian worldview change how someone might handle a situation like Hannah’s?

Episode 1: Tape 1, Side A

- What is significant about Hannah’s locker? Why does it upset her mom?
- What was Clay thinking when Tony reveals he too listened to the tapes?
- Why does Bryce send the picture to the whole school? Does this type of mass-texting happen often? How would you react if you received something like that?
- In her narration, Hannah says, “I know you probably didn’t mean to let me down. In fact, most of you probably had no idea what you were truly doing. But you’ll find out.” How does this make Clay feel? Does this statement make you consider anything in particular?

Episode 2: Tape 1, Side B

- This episode opens with this sentiment from Hannah: “Friendship. It’s complicated.” What does she mean by this? How is this true for you?
- Mr. Porter and Mrs. Bradley are seen discussing the tragedy in the teacher’s lounge. Were the adults in Hannah’s life considered in her decision? How were they affected?
- “That’s just how high school works: Boys talk. Girls listen. And everything gets messed up.” How is this true?
- What forms of bullying have you seen or experienced in your life?

Episode 3: Tape 2, Side A

- How does Bryce’s “rule” to “keep him clean” come into play? Keep this in mind as you continue to watch the series.
- The bathroom walls seen in this episode-- are they accurate to what you see at your school? How are they different?
- While teaching her class, Mrs. Bradley remarks, “So, one person’s opinion or bias can influence the rest of the group. This theory can also be applied to criminal behavior.” How is this true or false? How might this apply to your life?
• At the Blue Spot Liquor Store, Bryce grabs Hannah. How does this singular action affect Hannah?
• Did you notice what’s happening with Alex? Did you see any concerning signs being displayed?

Episode 4: Tape 2, Side B

• **CAUTION:** *This episode contains scenes of a homosexual nature, inferred masturbation, and partial nudity.*
• Hannah opens the episode saying, “Facebook, Twitter, Instagram-- they’ve made us a society of stalkers. And we love it.” How is this true or false? How does this make you feel?
• Why does Clay feel like he should report the things Hannah describes?
• Hannah’s mom, Olivia Baker, tells Clay, “We never got a note. We never got a reason. So now my daughter might as well be an acquaintance to me, too?” How is this fact upsetting for her? Are Hannah’s tapes her version of a note?
• When Clay sends out the picture of Tyler, does he become another bully? What about Hannah sending people to his window-- is she just as much a stalker as him? Just as much a bully as the rest?

Episode 5: Tape 3, Side A

• “Mostly, boys are assholes. But, girls? Girls can be evil.”
• Why did Courtney lie to Montgomery about the picture and Hannah’s preferences?
• Why does Clay take Courtney to the cemetery?
• Is Tyler’s bullying concerning? What about his reaction to Mr. Porter’s query? Tyler says, “You should be blaming the kids that make this school a terrible place. You should be blaming the kids that make other kids want to kill themselves.” How would you react if a friend said this?
• Is Alex’s reckless driving stunt (driving 90mph without a seatbelt) concerning?

Episode 6: Tape 3, Side B

• Is Alex’s extreme mood-swing and fight raising any flags for you?
• The “Oh My Dollar Valentines” are integral to this episode. Why doesn’t Clay tell Hannah she’s on his list? Why does Marcus act the way he does?
  ○ If you pause the program, you can see her name on the top of Clay’s list as he’s trashing it at the movie theatre.
• What do you think about the Honor Board proceedings? About the verdict? Punishment?
• How is Tony’s “secret keeping” affecting him and his relationships?
● Clay asks his mom, “What if I’m the bully, Mom? Would you want to know that?” Why does Clay think he’s a bully? Do you? Are you?
● At the end of the episode, we see Jess drinking liquor taken from Justin’s house in her bed. Why does she hide it? What’s making her act out in this way? Why does she lie to her Dad?

Episode 7: Tape 4, Side A
● Hannah opens this episode by saying:

> Let me tell you about being lonely. Humans are a social species. We rely on connections to survive. Even the most basic social interactions help keep us alive. Statistics prove the subjective feeling of loneliness can increase the likelihood of premature death by 26%. If it sounds like I’m quoting from a school textbook, I am. Too bad nobody bothered to read it. And let me tell you, there are all kinds of ways to feel lonely. I’m not talking the garden variety lonely, in a crowd lonely. That’s everyone, everyday. And it’s not that “when will I find love” kind of lonely. Or that “the popular kids are mean to me” kind of lonely. The popular kids are always mean. That’s how they get popular. I know. Ironic. Old news. The kind of lonely I’m talking about is when you feel you have nothing left. Nothing. And no one. Like you’re drowning and no one will throw you a line. ... When you’re that kind of lonely, you’ll reach for anything. No matter how silly it may seem. ...Sometimes the silly things can mean more than anyone knows.

● Does any of this resonate with you?
● How were the compliment bags a lifeline for Hannah?
● How does the class react to Hannah’s anonymous question?
● What does Clay’s crazy tour reveal?

Episode 8: Tape 4, Side B
● After his crazy school tour, Clay gets frustrated in Mr. Porter’s office saying, “Everybody wants to talk. Nobody wants to do anything.” Why is this so frustrating for Clay?
● During Hannah’s meeting with Mr. Porter, he mentions some key warning signs he’s apparently missed (dropping grades) and he calls her goals “unrealistic.” How does this meeting affect Hannah’s well-being?
● The poem Ryan publishes is very personal to Hannah. What makes her more upset—the fact it was published, her classmates’ reactions, it being read in class, or Clay’s reaction to it?
● How would she have felt knowing her parents read it? Would it have changed anything if they had read it prior to her final act?
After climbing the cliff, Tony confesses to Clay that he saw Hannah after she died, about how he feels he could have helped her if he had acted quicker. Is this what is motivating Tony to carry out her wishes? Would you?

Episode 9: Tape 5, Side A

- **CAUTION:** *This episode contains scenes depicting drinking, drugs, and rape.*
- Summer break seems to bring Hannah a new lease on life. She seems hopeful for the new school year. She says, “Parties have a weird magic. They’re like an alternate universe. They can make you believe anything is possible. Maybe you do fit in after all.” True or false? Why?
- Everything seemingly changes in one night, of which Hannah says, “There are three stories to tell about that night”. What about this first story concerns you? Do you think you would have handled the situation differently?
- Does Alex’s comment to Justin, “If I kill myself, you die too?” raise any flags to you?

Episode 10: Tape 5, Side B

- While reaching for her cell phone, Sheri knocks down the stop sign at an intersection and leaves, which later causes an accident that injures Mr. Cantrell and kills Jeff Atkins. Does her time spent with Mr. and Mrs. Cantrell “make up” for everything as she hopes?
- Ryan asks the question many have wondered, “Why are we defending Bryce? He’s a f*ing rapist.” Why do you think everyone is trying to keep this away from Bryce?
- Jessica is beginning to display some alarming behaviors, including daring Justin to have sex with her, breaking the lamp, playing with guns, smoking weed and drinking with Bryce. What do you think is causing such behavior? What would you do if a friend were exhibiting such brash behavior?
- The settlement negotiations between the Baker’s and the School District, who is represented by Lainie Jensen, Clay’s mom, gets heated. Olivia approaches Lainie in the bathroom asking, “Would you settle for $200,000?” and she answers, “I think I’d only settle for the truth.” For what kind of truth do you think Olivia is searching? Why do you think the Bakers are fighting the School District so hard?
- How did you feel when Clay shared he was the first to find Jeff at the scene of the accident? He tutored Jeff, but the boys had become friends. How hard was it for Clay to share such a thing with Mr. and Mrs. Atkins?
- At the end of the episode, Clay asks Tony, “Tell me the truth and I’ll listen to the tape. Did I kill Hannah Baker? ...Knowing what you know, did I kill Hannah Baker?” and Tony answers affirmatively. Talk about a cliffhanger! What do you think is going through Clay’s mind? Tony’s? What’s going through yours?
Episode 11: Tape 6, Side A

- Justin's home life is messy. After a fight with his mom's boyfriend, he seeks shelter amongst friends, all of whom ignore him. Why do you think both Jessica and Zach chose to do so? What made Justin approach Alex? Why did Alex help him, not only with a place to stay, but also taking him to Bryce's house later?
- The lawsuit is moving quickly—subpoenas are being served to classmates, teachers, and staff. Why does Mr. Porter tell Mrs. Bradley not to share her concerns with anyone else?
- Skye and Clay's friendship seems complicated and broken, yet she seems concerned for his well being. When she reads Clay's cards, much seems to be revealed, including the fact that she cuts herself. How would you react seeing a friend, even a former friend, with such scars? What should you do?
  - Tarot cards are associated with divination, which is strictly prohibited in Scripture.
- Clay struggles greatly with hearing Hannah talk about what happened that night. What bothers him more--her version of events or the fact the others have already heard it?
- Hannah admits her feelings that night were jumbled, bouncing from perfection and happiness to "everywhere else." How has everything that's happened to her up to this point affected her relationship with Clay?
- Did you notice that Clay made sure he had permission to proceed? Is that cool? Dorky? Would you do, or appreciate, the same kind of action?
- What do you think and feel about Clay's revisioning of that night, of how it could have been?
- At Bryce's house, Justin loses control and tells Jessica that Bryce did in fact rape her. Jessica is clearly, and understandably, upset. What about Bryce's reaction? The other boys present? Why do you think everyone is protecting Bryce?
- Olivia finds a map, a flow chart of sorts, amongst Hannah's possessions. How do you think this will come into play?

Episode 12: Tape 6, Side B

- **Caution:** This episode contains graphic images and noises of rape.
- Marcus and Courtney arrange a face-to-face meeting with those on the tapes, intentionally leaving Tyler out of it. When Tyler shows up anyway, Courtney makes the comment, "You can do whatever you want. No one's going to believe you. They'll just laugh at you, like they always do." Does Tyler's reply of, "No they won't," raise any flags for you?
- On her way to the meeting, Sheri instead dials 9-1-1. What do you think about this?
- Are you concerned about Tyler? About how Monty and others treat him? What about the pictures he mentions having? What about his back-alley purchase?
- Alex admits he has no big plans. We see him cleaning and organizing his room. Are these red flags?
• When Olivia shows Tony the flow chart she discovered, what is he shocked to see? Why do you think Hannah put a question mark there? What about the names she crossed out?
• Clay has a plan and needs Tony’s recorder to bring it to fruition. What is his plan?
• Justin gets choked by his mom’s boyfriend, and his mom walks away from him. We see him pack a bag, cash, and a gun. Zach ignores his call. Does Justin have a plan? What do you think he’s going to do?
• The scene of depicting what Bryce did to Hannah is admittedly graphic. In Beyond the Reasons, we discover that it was written to “stay on Hannah’s face longer than is comfortable.” What made this scene so hard to watch?

Episode 13: Tape 7, Side A

• CAUTION: This episode contains graphic images of suicide.
• After making twelve tapes, she thought she could maybe beat this. Yet she knew she couldn’t do it alone, she’d have to ask for help. How does she seek help? How would you? What are some resources you know, off hand, that you could access in a situation like this?
• Clay’s plan from the previous episode is revealed: He recorded Bryce’s confession of rape. Not only that, he recorded it on Hannah’s tape. What do you think?
• The depositions for Zach, Marcus, Courtney, and Kat happen as expected. During Tyler’s deposition, however, he tells them about the tapes. Why do you think Tyler did that? Was it a good or bad decision? Why?
• Prior to his deposition, we see what Tyler has hidden in the bottom of his trunk. Does he have a plan? Can you guess what it might be? Do you remember seeing any warning signs of such an idea?
• Tony gives the Bakers a flash drive containing fourteen audio files. Knowing what you know about the contents of those files, what do you think her parents will go through when listening to them? Will there be ramifications?
• Hannah seeks help from Mr. Porter. Was this a successful appointment? Where did Mr. Porter go wrong in his session with Hannah? Should Hannah have been more vocal about her experiences?
• Did you see Alex’s accident coming? Looking back, what red flags did you see or, maybe, miss?
• Although Jessica lies during her deposition, she does eventually talk to her dad about what happened to her. Do you think she’ll be able to heal? What do you think her dad’s reaction might be?
• Leaving Mr. Porter’s office, Clay says, “It has to get better. The way we treat each other and look out for each other. It has to get better somehow.” How can you make it better?